

# Essential ski packing checklist

## Clothing & ski gear

- Helmet
- Skiwear
- Ski gloves
- Ski socks
- Snow boots
- Warm clothing
- Thermals
- Warm scarf, gloves & beanie
- Small backpack

## Sun protection

- Sunglasses & goggles
- High SPF sunscreen
- Lots of SPF lip balm
- Aftersun lotion

## Hygiene

- First aid kit
- Zewa** tissues
- Zewa** wet wipes



More tips on [zewa.net](https://www.zewa.net)



 Care well, live well